



POST-SEASON HIGH SCHOOL TRAINING

Athlete: Lauren Samuels

What:

Training for High School ski racers that want to continue their season. Training SL and GS with Gilboa athletes and coaches. Learn modern technique and tactics with certified coaches. Meet other ski racers that share the same love of the sport that you do. Have fun doing it.

How to register:

Click our website www.teamgilboa.com for sign-up & payment.

Location:

Hyland Ski Area - Lift tickets/season pass required

Cost: \$299.00

(Cash discount)

When: Feb 20 - March 11

Days: Monday - Thursday

Time: 4:00 - 6:00 pm

(weather permitting)

Sign up quick! Program limited to first 25 athletes that register online at

www.teamgilboa.com

Questions:

David Samuels - Director Team Gilboa # 612.850.1719

Susan Landa- Ph# 612.850.1615

Mt.Hood Summer Camp

Save the dates: June 18 - 24 & June 25 - July 1 Details soon at: www.teamgilboa.com

date

1/29/12

Team Gilboa is the proud home ski program of 2006 & 2010 Olympian Kaylin Richardson - Edina H.S. graduate & Lauren Samuels - Past U.S. Ski Team member, Hopkins H.S. class of 2011.